



Assumption Catholic Elementary

November 2024 Newsletter



NIAGARA CATHOLIC
DISTRICT SCHOOL BOARD

In Flanders Fields

By Lieutenant Colonel John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks still bravely singing, fly
Scarce heard amid the guns below.

We are the dead; short days ago,
We lived, felt dawn, saw sunset glow,
Loved and were loved; and now we lie
In Flanders fields!

Take up our quarrel with the foe
To you, from failing hands, we throw
The torch; be yours to hold it high
If ye break faith with us who die,
We shall not sleep, though poppies grow
In Flanders fields.



As Canadians we are invited to pay special tribute to the Veterans of preceding wars as well as to the current serving members of the Armed Forces who play a very important role as peace-makers in various trouble spots around the world. On November 11th at 11:00am Assumption Catholic Elementary will pause in silence to remember those who died at war and pray for the victims of aggression and inhumanity throughout the world. We will have a Remembrance Day Service led by the Grade 1 class starting at 10:45am.

As the seasons change and the days seem shorter, November none-the-less brings plenty of hope and reasons to celebrate. We begin with ALL Saints Day (Nov.1) a celebration of those who have lived lives of holiness, grace and love. All Souls Day (Nov.2) and Remembrance Day (Nov. 11) while solemn and reflective, also lead to opportunities for collective prayer for peace and continued work within our communities.

Family Photos- Wednesday November 13th 3:30-7:30pm

Do you ever find it hard to find time to take a family photo, I sure do! With all the busy activities after the school day I find it hard to find time to take photos of my children and develop them. I have participated in the past two-family photo sessions. They last 15 minutes and within that time they took two different family photo shots and multiple sibling photos. The photographer was very flexible when I had specific shots in mind or brought in props such as Jerseys. I highly recommend taking advantage of this experience.

Mr. Ciocca



Upcoming Food Days



- Thursday November 7th: Pi Guys Pizza
- Thursday November 14th: Submission Sub Day
- Friday, November 15th: Pie Guys Pizza
- Thursday November 21st: Pie Guys Pizza
- Fridays November 22nd: Valentino's Pasta
- Thursday November 28th: Swiss Chalet

Thank you to every family that supported our Mom's Pantry Fundraiser! All the funds raised will help us buy new Chromebooks for our students.

Catholic School Council
Please join us on Tuesday, November 5th at 4:30pm Catholic



The Great Pumpkin Patch Adventure at Bry-Anne Farms

On Wednesday October 16th, the Kindergarten and Grade one classes enjoyed an educational and entertaining trip to Bry-Anne Farms for “The Great Pumpkin Patch” adventure. The tour included a live drama pumpkin presentation with “Mrs. Scarecrow”, corn field, straw mazes and a wagon ride into the pumpkin patch to choose our own pumpkins! We ended our trip with a juicy apple snack.



Grade 8 Students got to spend a day at Holy Cross to attend a Mass and Pilgrimage Walk

The Pilgrimage walk takes place every year during October, and as a school family we walk together on the city streets surrounding Holy Cross Catholic High School. This event provides students with the opportunity to engage directly with their local community and to live out Catholic social teaching which promotes justice and peace. In addition, the Pilgrimage serves as an opportunity for Holy Cross CHS to build community together, deepen our understanding of the needs of the developing world, address the challenges of our time, and walk in solidarity for our sisters and brothers in Haiti.



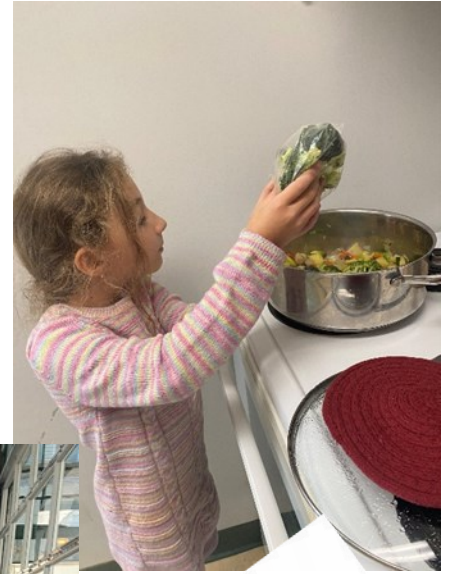
Message from Holy Cross Guidance Department

It's been a busy but exciting start to the school year here at Holy Cross. Our Varsity girls' flag football team and our Jr boys' volleyball teams both enjoyed undefeated regular seasons, our Robo-Raiders robotics team competed in their first tournament of the year, our Cooking Club had over 60 students join while grade 12 Aven McCarthy took her artistic talents to Poland as part of an International exhibition. We also welcomed our grade 8's and future Raiders to the school to participate in our Pilgrimage walk for Haiti while also preparing our Graduating class to apply to post-secondary opportunities starting in November. All in all, something for everyone at Holy Cross aka a Place Where Everyone Belongs.

Corey Quinn
Guidance Counsellor
Holy Cross Catholic Secondary School

Mrs. Hennessy's Grade 2/3 Class Trip to St. Catharines Farmers Market

On Thursday October 24th the Grade 2/3 class went by city bus to the St. Catharines Farmers Market. At the market the students got to interact with and learn from all the vendors about the products they sold and how they harvested the vegetables. Each student was assigned a vegetable to purchase and bring back to school to make a delicious soup.



Junior Boys Soccer



The Assumption Junior Boys Soccer team has won the Holy Cross Family of School soccer tournament held on October 8th. The boys went undefeated beating Our Lady of Fatima, Canadian Martyrs, St. Michael, and St. Alfred. The boys played outstanding and received gold medals. The team members are: Maddox, Keegan, Rilan, Owen, Christopher, Sam, Logan, Miles, Sam R, Emilio, Josh, Liam, Nathan, and Ronan.

We would like to say a very special “Thank you” to the Voth family for their generous donation of pumpkins for our Kindergarten and Grade 1 classes. We used the pumpkins to decorate our rooms, for inquiry and even painted patterns on them for math/art! We are so grateful for your kindness and generosity.



NIAGARA REGION PUBLIC HEALTH: SCHOOL HEALTH NEWSLETTER

November 2024

HEAD LICE



Students are now back into the swing of things and spending lots of time with friends and classmates during school and after school. Lice can spread regardless of a student's age. Head lice are spread by direct head-to-head contact or by sometimes sharing items like combs, brushes, hats, pillows, etc. Anyone can get head lice, it's not a sign of poor personal hygiene or an unclean environment.

Check out School Health's new webpage on head lice for more information: [Head Lice - Niagara Region, Ontario](#)

YOUTH VAPING PREVENTION

Caring adults have an important role to play in helping kids make decisions about their health. Vaping is harmful and addictive, so we must empower young people with the right health information and refusal skills to ensure they don't start vaping.

Vaping risks include:

- Addiction to nicotine – nicotine changes how the youth brain develops affecting learning, memory, concentration, and impulse control.
- Exposure to cancer-causing chemicals and metals
- Lung damage
- Increased stress and anxiety
- Increased likelihood of smoking cigarettes

In November, elementary schools across Niagara Region will be receiving vaping resources for grade 7 and 8 classrooms. To compliment the in-class education, we encourage parents and caregivers to learn about vaping and tips on how to talk to your kids about it. For more information, or to download the parent/caregiver *Let's Talk About Vaping* resource visit: www.notanexperiment.ca/parents



EpiPen® AND AUTO-INJECTORS

During the school day, your child will be in contact with many staff members and other children, moving around to different locations inside and outside. Remember to check if your child's EpiPen® Auto-Injectors are up to date (not expired).



Check out [Food Allergy Canada - elementary school](#) for some great tips and [resources!](#)

PROTECT YOURSELF AND OTHERS THIS RESPIRATORY ILLNESS SEASON



Infections like COVID-19, flu and RSV increase in the fall and winter months.



While anyone can get very sick, infections can be especially devastating to the most vulnerable in our community. This includes older adults and people with underlying medical conditions.

There are simple actions we can take to help protect ourselves and others. Use layers of protection:

- Stay up to date with vaccinations
- Stay home if sick
- Consider wearing a mask (for example, based on the setting, your personal risk factors, or comfort level)
- Keep up good hand hygiene – use soap and water or alcohol-based hand sanitizer
- Cover coughs or sneezes with a tissue or into the upper sleeve
- Regularly clean and disinfect high touch surfaces
- Keep indoor air fresh and circulating

Learn more on [our website](#) or [check out our downloadable resource](#).

NIAGARA PARENTS

[Niagara Parents](#) provides a variety of services to help you raise a happy and healthy family. Individuals can connect with a Public Health Nurse instantly in whichever language they are most comfortable speaking.

Services offered:

- Questions or concerns about parenting, your child's health, or pregnancy.
- Parenting classes, breastfeeding support, prenatal appointments and more.
- Postpartum support
- Links to services within the community

Connect with a Public Health Nurse Monday to Friday, 8:30 a.m. to 4:15 p.m. through phone, live chat, video call, or email. Live chat is available in 90 different languages.

Find Niagara Parents on [Facebook](#), [Instagram](#) or [Twitter](#) for different activities you can do with your kids, relevant resources and virtual events for parents.



Providing supports & services to help you raise a happy and healthy family

Connect with Niagara Parents

Live chat or speak with a public health nurse in 90 different languages available:

niagararegion.ca/parents
 905-664-7555
or 1-888-505-6074 ext. 7555

parents@niagararegion.ca

Niagara Parents

niagaraparents

Niagara Region